

**One Sachet  
(6.1g) Contains****% NRV  
Per Sachet**

Wellmune® Beta 1,3/1,6 Glucans	250 mg	*
Taurine	1000 mg	*
L-Glutamine	1000 mg	*
L-Lysine	1000 mg	*
L-Theanine	100 mg	*
Choline	50 mg	*
Vitamin D3	10 µg	200%
Vitamin E	18 mg	150%
Vitamin K2	75 µg	100%
Vitamin C	250 mg	313%
Vitamin B1	1.1 mg	100%
Vitamin B2	2.8 mg	200%
Niacin - Vitamin B3	24 mg	150%
Vitamin B6	4.2 mg	300%
Folic Acid	300 µg	150%
Vitamin B12	2.5 µg	100%
Biotin	150 µg	300%
Pantothenic Acid (Vitamin B5)	12 mg	200%
Magnesium	57 mg	15%
Zinc	7.5 mg	75%
Copper	0.2 mg	20%
Selenium	55 µg	100%

**NRV Nutrient Reference Value**  
**1 sachet per serving.****\* No Established NRV**